Volunteer Counsellors

About Cancer Support Scotland

Cancer Support Scotland first began 40 years ago, in the cosy living room of Sir Kenneth Calman. Now in our new home amidst the leafy grounds of Gartnavel Hospital, we’ve worked hard to make sure things don’t feel a whole lot different. The Calman Centre was created as a safe space, helping everyone we support to feel at ease and in control. Where better then, than in a giant living room - where family and friends are welcome, and the kettle is always on. As Scotland’s cancer charity, we have been the wellbeing champions for those affected by cancer for over 40 years – not only for those diagnosed, but their loved ones and carers too. We deliver high-quality counselling, complementary therapy, podiatry and stress management services to promote mental and physical wellbeing and to enable those affected by cancer to continue to live the most active life possible in their community.

About the role

As part of our Wellbeing Services, our team of counsellors deliver a professional and high-quality Talking Therapy service to people affected by cancer across Scotland. This is an opportunity for qualified counsellors to work as part of this caring team and support the wellbeing of people affected by cancer. The minimum commitment is one half day per week, delivering two/three appointments to people affected by cancer. As a result of COVID-19 our counselling service is delivered in a blended approach either, digitally- online via zoom or over the telephone or in-person- within community libraries and our main office the Calman Centre. If you wish to provide digital counselling, you will need access to a laptop or computer and a good internet connection.

What are the main responsibilities?

- To carry out Counselling sessions on behalf of Cancer Support Scotland
- To be responsible for the health and safety of people using the counselling service during sessions in accordance with our policies and procedures
- To keep appropriate records in accordance with our policies and procedures
- To maintain confidentiality and contract procedures in agreement with our policies and procedures
- To undertake regular clinical supervision in accordance with our professional guidelines (e.g. BACP)
- To give consideration to cost efficiency at all times
- To co-ordinate own administration and appointments
- To attend internal and external meetings as required
- To attend training as required

What are the requirements and qualifications needed?

- A recognised qualification in counselling accredited by BACP (British Association for Counselling & Psychotherapy)
- 100 hours of face-to-face counselling experience
- Adherence to regulatory body guidelines
- Insurance

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What are the benefits of volunteering?
There are many benefits to volunteering, and these can vary for everyone. Some of the main benefits are:

- Learning or developing skills to add to your CV
- Meeting new people and having fun
- Helping to make a real difference to people affected by cancer
- Becoming more connected in your local community
- Improved health and wellbeing

What ongoing support and training will I receive?
It's important to us that you feel happy, safe and confident during your time volunteering. You will receive a full induction to Cancer Support Scotland including information about the history of the charity, our services, safeguarding policies and a cancer awareness handout. You will also receive full training on our counselling service’ policies and procedures.

Additional Information
You can claim any out-of-pocket travel expenses incurred travelling to and from your volunteering location. Bus and train tickets fully reimbursed (keeping all receipts) and 45p per mile is paid if using car. We will also offer a contribution towards your external supervision monthly (invoices must be included when submitting for reimbursement).

A PVG is required for this role which we will cover the cost.

Next Steps
If you are interested in applying for this role, please contact our Executive Assistant on volunteer@cancersupportscotland.org or fill in our Volunteer Application Form, which can be found on Cancer Support Scotland’s website under ‘Apply Now’ in the Volunteer section.