Complementary Therapist

About Cancer Support Scotland
Cancer Support Scotland first began 40 years ago, in the cosy living room of Sir Kenneth Calman. Now in our new home amidst the leafy grounds of Gartnavel Hospital, we’ve worked hard to make sure things don’t feel a whole lot different. The Calman Centre was created as a safe space, helping everyone we support to feel at ease and in control. Where better then, than in a giant living room - where family and friends are welcome and the kettle is always on.

As Scotland’s cancer charity, we have been the wellbeing champions for those affected by cancer for over 40 years – not only for those diagnosed, but their loved ones and carers too. We deliver high-quality counselling, complementary therapy, podiatry and stress management services to promote mental and physical wellbeing and to enable those affected by cancer to continue to live the most active life possible in their community.

About the Role
The aim of this role is to deliver a professional, high quality and, relaxing complementary therapy service to people affected by cancer in the Calman Centre and local communities. This role is available in the Calman Centre and our outreach centres which are located in libraries across Greater Glasgow and Clyde. We require a minimum commitment of one half day per week, consisting of three appointments.

What impact will I make?
A cancer diagnosis doesn’t come on its own, it can bring with it many stresses and complications. At Cancer Support Scotland we exist to support the wellbeing of anyone affected by cancer. As one of our volunteer complementary therapists you will be at the heart of our service providing vital support to people affected by cancer. By offering treatments you will be helping to reduce pain and discomfort caused by treatments such as chemotherapy and radiotherapy and ease stress and anxiety.

What are the benefits of volunteering?
As a volunteer, in addition to making a real difference to people affected by cancer, there are many other benefits. These can vary for each individual but some of the main benefits are:

- Learning or developing skills to add to your CV
- Meeting new people and having fun
- Helping to make a real difference to people affected by cancer
- Becoming more connected in your local community
- Improved health and wellbeing

What ongoing support and training will I receive?
It's important to us that you feel happy, safe and confident in your role. You will receive a full induction to Cancer Support Scotland including a tour of the centre, information about the history of the charity, and a cancer awareness induction. You will also receive any necessary guidelines to assist you in your role, you will also receive full training on how to adapt your treatments to make sure they are safe for people diagnosed with cancer. Once you start you will be supported by our Services Manager and Executive Assistant. You will have regular contact with our Services Manager and the opportunity to meet on a one to one basis to discuss your role and if you feel you need any further training.

What are the main tasks I will be involved with?
- Delivering complementary therapies that are safe and beneficial for people affected by cancer.
- Ensure all records are completed accurately and that any medical history is recorded.
- Develop and propose treatment plans.

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• Data is inputted accurately after each appointment into our online CRM system.
• Ensuring all stock, oils, and laundry levels are maintained. We require you to wash your own laundry after each shift while in our outreach centres.
• Maintain a clean and tidy therapy room in accordance with hygiene regulations and infection control.
• Signposting and referring people affected by cancer to other support services where appropriate.
• Maintain confidentiality at all times.

What are the qualifications and key skills required?
• HNC/HND level in complementary therapy or a minimum of three or more complementary therapy certificates.
• Ideally previous experience of delivering complementary therapies in a health or social care setting.
• Ability to adapt and tailor therapies to ensure they are safe for everyone regardless of medical history.
• Ability to empathise with people who are emotional or vulnerable.
• Good IT skills and attention to detail.
• Reliable with good timekeeping.
• Good communication skills.
• Able to enthusiastically represent Cancer Support Scotland.

Additional Information
We will pay out of pocket travel expenses. Bus and train tickets fully reimbursed (keeping all receipts) and 45p per mile is paid if using car. We will pay £5 per week for laundry expenses. A PVG is required for this role.

Next Step
If you are interested in applying for this role, contact our Executive Assistant on volunteer@cancersupportscotland.org or fill in our Volunteer Application Form, which can be found on Cancer Support Scotland’s website under Apply Now in the Volunteer section.